Living with Integrity, Nurturing Wonder, Inspiring Action

We will have two services on Sunday, June 2 at 9:15 and 11:15 AM
Single service Sundays begin on June 9 at 10:00 AM
and continue all summer, through September 1.
This month's worship theme is Beauty.

**Sunday, June 2**
Two services: 9:15 and 11:15 AM
Student Minister Nic Filzen
“Beautiful Blooming”
“The rose is without a why, flowers because it flowers;
Without concern for itself, or desire to be seen . . .”
—Angelus Silesius
Come and celebrate our annual Flower Communion with us—bring a flower to share for this service of ritual beauty!
*Chancel Choir will sing.*

**Sunday, June 9**
One service at 10:00 AM
Choral Director Ken Ryals
“Be Ready to Sing!”
What we sing and how we sing it are two important elements of our Sunday services.
Our services are the first gift our visitors receive from us.
Let’s explore ways to sing more in our services and be musically welcoming.

**Sunday, June 16**
Worship Associate Ken Ralph
“Fatherhood”
What's it like to be a father? We've read about it. We've talked about it. We've seen fathers in action. But close to two-thirds of us have never experienced it. This Sunday you'll get the chance to hear directly from four fathers in our congregation—Kyle Stewart, James Claffey, Peter Hale, and Nate Rich—as they share what fatherhood has meant to them.
*Chancel Choir will sing.*

**Sunday, June 23**
Rev. Laura Young
“Practicing Beauty”
Cultures around the world teach us to find, appreciate, and cultivate beauty as a key to create and sustain human flourishing. As we face increased environmental degradation, we also face the loss of beauty. How are the two connected? Join Rev. Lora Young as she reflects on how practicing beauty is an important aspect to saving our world in the midst of climate change.
*Women's Chorale will sing.*

**Tuesday, June 18**
7:00 PM in the Sanctuary
“Sounds of Song & Silence”
This Taizé-like service is designed to open our hearts and minds gently, with music as the primary worship vehicle. Come join us for a quiet musical embrace that will enlighten and refresh.

**Sunday, June 30**
Worship Associates Chris Shorb and Nate Rich
“Our Beautiful Neighbors”
"Direct Experience" and "Wisdom from the World's Religions" are two of our six UU sources. This past year, an adult RE class set out to experience worship directly by attending services at six of our faith neighbors. Hear what wisdom we learned from visiting Congregation B'nai B'rith, the Mission, the Islamic Society, SB Zen Center, Friends Meetinghouse, and Calvary Chapel.
The Babies Are Here, We Need Books!

Join in with other USSB members as we shower our new babies with books. UUs love books. This is a great way to show our families and their newborns a lot of love. Please buy a copy of your favorite children's book, or donate one that you read hundreds of times that still makes you smile. Drop it by the BABY BOOK BASKET in Parish Hall and the Care Team will see that a basket of books gets delivered to its family.

We honored Nate and Reanna Rich just a few weeks ago, and they were delighted. Now we need to fill a basket for—new announcement!—Meghan and Rose MacLean’s new baby, Cassian Leo MacLean! It would be wonderful to have it filled by mid-June. And don’t forget to sign your book with a note of love.

Thank you, the Care Team

2019 Annual Meeting of the Membership Sunday, June 2

On Sunday, June 2 we will gather in Parish Hall at 12:30 pm for our annual meeting. Members of the congregation will be asked to elect member of the board of trustees and nominating committee, adopt the 2019-2020 annual budget, and share in celebration of our work this year. For more information on the annual meeting agenda, proposed budget, nominees, and voting, please visit www.ussb.org/annual-meeting-2019.

Summer Singers Starts in July!

Come sing with us for our July single services! If you have always wanted to sing in the choir but were afraid of the time commitment, here is your chance!

Every Sunday morning in July, come join the rehearsal for that morning’s service. Then we’ll sing what we just practiced!

We’ll have an 8:45 call for a 10:00 am service.

Don’t miss this exciting opportunity!

Human Dignity Begins with the Basics

And that’s where our kids will start as we collect items for the San Diego Rapid Response Network and the migrant families they help.

After our USSB children kicked off a month of giving on May 26, Undie Sunday, we expanded our collection to other items on DSRRN’s Amazon Wishlist at https://tinyurl.com/y544wqs6.

SDRRN is a coalition of human rights and service organizations, attorneys, and community leaders dedicated to aiding immigrants and their families in the San Diego border region, the largest land border crossing in the world.

The SDRRN responds to humanitarian issues arising at the border, including widespread family separation, rights violations and unjust deportation of asylum seekers.

For more information, visit www.rapidresponsesd.org/
June Outreach Offering:
Our Local LGBTQ Partners

The Outreach Offering for June goes to our local LGBTQ partners, including Pacific Pride Foundation (PPF), Parents and Friends of Lesbians and Gays (PFLAG) and Santa Barbara Transgender Advocacy Network (SBTAN). These organizations provide services and advocacy for the gay and transgender community and have facilitated the “Love. Period” interfaith services at the Sunken Gardens every year since 2015.

1. PACIFIC PRIDE FOUNDATION (PPF)

The Unitarian Society of Santa Barbara has had a long-standing relationship with the Pacific Pride Foundation. We turn to PPF for resources and education as we seek to grow in our understanding of the current needs of the LGBTQ community. Our own spiritual journey is enriched by our work with Pacific Pride, and we have stood with PPF in the public square to advocate for justice and celebrate our progress!

www.pacificpridefoundation.org

2. PARENTS AND FRIENDS OF LESBIANS AND GAYS (PFLAG)

PFLAG describes itself as “the extended family of the LGBTQ community.” Its membership consists of LGBTQ individuals and their family members, friends and allies. They provide peer-to-peer support, publications, tool kits, and other resources to support LGBTQ family members. This allows families to then further support, affirm, and advocate on behalf of their LGBTQ loved ones.

www.pflagsantabarbara.org

3. SANTA BARBARA TRANSGENDER ADVOCACY NETWORK (SBTAN)

SBTAN educates individuals and organizations on best practices for transgender and gender expansive clients, patients, students, congregants and families. It creates spaces, actions, and policies that advance the welfare of transgender people and their allies in Central Coast communities. SBTAN has provided training to workplaces, schools, medical providers and social service agencies, including Cottage Health Emergency, UCSB Faculty and staff, and Santa Barbara public and private high schools month.

www.sbtan.org

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Summer Camps at USSB

Grandkids coming? Kids at loose ends? How about a whole year of fun religious education in one week-long day camp?

Superheros for Justice helps kids find their own super power and become superheros for change. First we will learn to hear our own inner voice of fairness and then learn how to use those powers for good. Using stories of parachuting cats and real-world heros, the camp introduces empathy, forgiveness, compassion, respect, and courage through play, fun, imagination, and creative activities.

July 15-19 (ages 7-9) 9:00 AM to 2:00 PM
July 22-26 (Ages 10-12) 9:00 AM to 2:00 PM


Better Than Sex Ed

Better Than Sex Ed is a teen human sexuality day camp. Using values of respect, responsibility, and inclusiveness, the camp provides comprehensive sexual education and an opportunity for teens to express their identities, confusion, and concerns. Diversity is embraced as natural and healthy. Youth learn to respect their bodies, the importance of healthy communication and consent. Using the respected Our Whole Lives curriculum, content is presented in fun, developmentally appropriate lessons and activities.

$350. Member discount available.

USSB members sign up on Realm. Guests, sign up at http://signup.com/go/HdkTTED.

Makerspace Returns to USSB!

Back by popular demand, USSB will once again host a makerspace in Jefferson Hall for all ages. Makerspace will be concurrent with our single worship service at 10:00 AM and will start on June 9. Make robots, take apart computers, sew a new “thingy.” It’s all good. We’ll have all the supplies, kids provide the creative energy.

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Children's Religious Education

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The Women's Empowerment Project: Looking Back and Forward

On Sunday, May 19, we held our second film in the Women’s Empowerment Film Series, *Miss Representation*, about the impact of media on women and girls. Over 40 people attended this event including, happily, some men! This was a great turnout, I am told, given that we were competing with the finale of *Game of Thrones*! One opinion was that ours was the much better choice.

Following the film, many women shared their experiences of gender discrimination in the workplace, in academia, and in their personal lives. Since the advent of social media and the upgrading of advertising tools such as air brushing, computer graphics, and video production, the impact of media has become more and more negative and repulsive. Depictions of women as sexual objects, not only as barely clad bodies but even as body parts, as well as victims of violent attacks have multiplied. This is partly due to the removal of FDA regulations controlling the nature of images that can be shown to the public.

Although there has been a dramatic increase in the number of women in the House of Representatives and of women running for public office, slur campaigns proliferate and women candidates are given less time than men in the news networks. Many felt it was time to fight back.

Could the fact that women represent more than 80 percent of consumers in this country inspire some ideas?

This film was thought-provoking and relevant. Nine special women showed up to help make this evening a success and I am grateful to every one of them for their help and support. Special thanks to Sally Hamilton for all the refreshments she brought and her corn-popping skills! To Janeya Filzen for expanding our marketing to new arenas. To Claire Chytilo for being at our welcome table. For Angela Karmis for running the projector and being our go-to person for audio-visual questions. And to all those who acted as discussion leaders, making sure that everyone had a chance to express their views. Thank you to all of you!

Going forward, Dana Zurzolo will be launching her Arts and Crafts Freedom Project for pre-teen girls this summer at Girls Inc., sponsored by the Women’s Empowerment Fund grant for 2019. She will be giving a presentation to the congregation about her project during services in September.

The Women’s Speaker Series will kick off in October with a lecture by Dr. Helen Rhee on the Christian Roots of Feminism on Sunday, October 6 at 5:00 pm in Parish Hall, so save the date!

There will be another exciting film in the fall at a time to be announced. Stay tuned!

And we hope to start our Women's Hot Topics discussion group about current events relevant to women. More information to come.

The Women's Empowerment Project will be working behind the scenes this summer. I will be away on sabbatical (like our fearless leader) but feel free to contact me, Rachel Aarons, at rbaaaron@yahoo.com; (805) 450-6365 with comments, questions, or concerns. We welcome your participation.

Rachel Aarons
Library Corner

Did you know that you can borrow books even when our library is closed? If you are at USSB on a non-library Sunday or attending a meeting or class during the week and want to get a book, check in with Eden Kennedy, our office manager, who has graciously offered to help. Eden has a key to all the cabinets and you can make your selection any time that she is there.

Currently the library is scheduled to be open on the first and third Sunday of the month. However, there are times when a more important function or event takes precedence. We are considering cutting down to one Sunday per month due to the frequency of other activities, and would like your feedback.

We are still looking for that forward thinking volunteer who will put all library materials on a website or app, keep it updated, and create a scanning system. For details please contact Maureen Claffey.

Here are our reviews:

The Movie—Vanity Fair

Based on William Makepeace Thackeray’s novel of the same name, Vanity Fair is a historical drama set in England in 1802. Becky Sharp (Reese Witherspoon), the orphaned daughter of an impoverished painter and an opera singer, has just finished her studies at Miss Pinkerton’s School for Girls and is off to be the governess to the daughters of Sir Pitt Crawley. On the way to the Crawleys, Becky pays a visit to the family of her best friend, Amelia Sedley (Romola Garai). Becky is looking for a rich husband, and sure enough, Amelia’s rather awkward brother, Jos, is smitten with her. Hope floats!

But Becky’s situation deteriorates when she gets to the Crawley household. This story is one of complicated love, the many ways in which men exploited women in those days, and the part I liked best, of a lasting friendship between two women. It’s fascinating to witness Becky’s climb up the social ladder only to fall again and again, persevere, and finally thrive.

Released in 2004, the lavish costumes by Batrix Aruna Pasztor won a Satellite Award for best costume design.

Reviewed by Ellie Tuazon

The Book—Becoming, by Michelle Obama

This is a delightful book providing us with the family history and childhood experience of Michelle Obama, First Lady during her husband’s two-term presidency.

How did she grow from being a small child living on Euclid Avenue in Chicago’s South Side to an internationally known and respected figure?

Mrs. Obama, born Michelle Robinson, is remarkably warm and frank in this autobiography. Like many people she had obstacles and setbacks. A school counselor once told her she was not “Harvard or Princeton material,” so Michelle, undeterred, sought out another counselor. She graduated from both Princeton and Harvard. When she joined a prestigious law firm, she signed on to their recruiting team to add more women and minorities.

Michelle was working in her office on the 47th floor when she was scheduled to meet a summer intern named Barack Obama (this is 90 pages into the book). He had a reputation for being bright, gifted, exceptional, and charming. But he was late. Michelle was never late.

That first meeting led to many conversations, then dates, then with Michelle taking a trip to Hawaii to meet his family. We know much of the rest: the marriage; two lovely daughters, Malia and Sasha; the election to Congress, and his running for President. The inside story—Michelle’s story—is about how she redefines herself, how she keeps going no matter what. She wrestled with the need to keep Barack close to the family while he met the exhausting demands of public office. She tells his story but she also tells her own.

As Michelle says, “Your story is what you have. It is something to own…. Even when it is not pretty or perfect. Even when it’s more real than you want it to be.” This is a story worth reading.

Reviewed by Lynn Dow
Of June Ghosts and Fog

Inevitably, it is June in Santa Barbara and fog covers the sky in a white curtain. The weather, this light, make me remember a year ago to my first service at USSB, the music service, attending with my mom, both of us trying to find our heart-centers amidst my grandfather’s slowed-breath dying at Serenity House. The death of my grandfather brought me here, unspooling a new job and new community and all of you. A year ago, our family was asking the question: in the event of a heart breaking open, how do we unleash ourselves?

Talking to USSB visitors, I’ve learned that often their hearts are breaking open. They are having a life-changing event that is making them feel called to a more spiritual life. They talk about wanting community and inspiration and a sense of purpose and, for some, that heart-center home becomes USSB. I hear them talk about just having the feeling that this place was “just right,” as soon as they entered the Sanctuary. My hope is that they can find, here, a place to belong.

What events have caused your heart to break open? Has USSB soothed your stormy spirit in the midst of a major transition, loss or heart-ache? Were you looking for a place to belong? What does June make you nostalgic for? This month, as the fog conjures nostalgia for last year and grief for my grandfather’s passing, I feel surrounded, now, by a new sense of purpose and awareness of how interconnected we are, as a human family. Let me know when your heart has broken open and how USSB worked to help you heal at: maureen@ussb.org. Or how did you get here? I will be sharing some of these stories in upcoming Kaleidoscope columns.

Maureen Foley Claffey
Director of Congregational Life

Focus On: The Flower Committee

Do you ever think about how floral arrangements get on the chancel table for each service? Currently the Sunday flower “committee” consists of Donnis Galvan, Anne Pedersen, and Kathleen Boehm. We want to add those to our ranks with others who like to arrange flowers. Join us in providing beauty for our services. We will show you how it is done and help you until you find you are ready to take care of a Sunday on your own. We would be so appreciative of your help. There are also ad hoc arrangers for tabled events and Christmas time. If you want to learn more contact Kathleen Boehm at (805) 687-6218; kathleenmboehm@gmail.com.

Adult RE in June
"Our Chosen Faith: Book Study"

New adult religious education class starts June 9

In this new edition of A Chosen Faith, the classic introductory text on Unitarian Universalism, the authors John Buehrens and Forrest Church explore the many sources of the living tradition of their chosen faith. This new edition includes a revealing, entertaining foreword by best-selling author and Unitarian Universalist Robert Fulghum (All I Really Need to Know I Learned in Kindergarten, and It Was on Fire When I Lay Down On It), and a new preface by UU moderator Denise Davidoff, as well as two new chapters by the authors. Sundays from 11:15 AM to 12:30 PM.

All In The Family

Sonya Elias, June 21, 1921–February 13, 2019

Please join Sonya’s family and friends in celebrating her life and her upcoming 98th birthday. We’ll have a potluck picnic gathering in Shoreline Park on Saturday, June 15 at noon to talk, eat, and share stories. Special request: if you have a song in your heart, please bring your voice or an instrument. This is something Sonya would love. Need more info? Contact Tamar Elias: tamarelias@hotmail.com; (808) 967-8086.
Ongoing Events at USSB

**Alliance**
**Friday, June 7 at 2:00 pm in Jefferson Hall**
"Travels in South Africa"
At the final Alliance meeting of the year we host Bill and Sandy Grasso-Boyd. For details, see 'Alliance Program' below.

**Solidarity and Compassion Project**
**Weds., June 12 at 7:00 pm in the Sanctuary**
Join us every second Wednesday of the month when we come together to discuss ways of community healing during traumatic times and to spend time in meditation and reflection. We take on a different topic each month, with diverse guests for the panel discussion: thinkers, faith leaders, scholars, musicians, visionaries, artists, and activists share their work as we all learn how to deal with uncertainty and fear during this challenging time in our country and our world. All are welcome—no meditation experience necessary. We are thrilled to partner with Radhule Wiener and Michael Kearney of Mindful Heart Programs, who have been running the Project since 2016.

**Quantum Field Theory & Consciousness**
**No meeting in June**
Beginners QFT&C meets the third Monday of the month and gathers at 7:00 pm for starting at 7:15 in Blake Lounge. Videos and discussion will focus on how the laws of physics imply we are all one. Our next gathering is scheduled for Monday, July 15.

**Book Discussion Group**
**Tuesday, June 18 at 7:00 pm in La Paz Lounge.**
Contact Al Melkonian for more information.

**Alliance Program**
“Travels in South Africa”
with Bill Boyd and Sandy Grasso-Boyd
Friday, June 7 at 2:00 pm in Jefferson Hall
Sandy and Bill will share a slide show and video presentation about their trip to South Africa in 2015, including their stays with South African families and safaris to several parks. They will also will speak about the history of apartheid and the political climate they found when there and why they believed it led to the eclipse in popularity of now ex-president Zuma.

All are welcome. Coffee and tea will be served. Your offering of a snack to share is appreciated.

*Note that the meeting is in Jefferson Hall this month.
Rev. Julia Hamilton, Lead Minister, julia@ussb.org
Erin Wilson, Director of Administration, erin@ussb.org
Ken Ryals, Choral Director, ken@ussb.org
Maureen Foley Claffey, Director of Congregational Life, maureen@ussb.org
Sara Sautter, Interim Director of Lifespan Education, sara@ussb.org
Nic Filzen, Ministerial Intern, nic@ussb.org
Greg Otero, Facilities Use Coordinator, greg@ussb.org
Eden Kennedy, Office Manager, eden@ussb.org
Rob Brown, Building Manager, rob@ussb.org
Jon Diaz, Sexton, jon@ussb.org
Heather Levin, Accompanist
Rev. Kenneth Collier, Minister Emeritus

Summer Sunday Worship Service is at 10:00 am
Summer Sunday Nursery & Children's Care: 9:30 to 11:30 am in Starr King
Summer Office Hours: Sunday to Thursday from 9:00 am to noon.

Deadline for the July issue: Monday, June 17
Email: Kaleidoscope@ussb.org