



Kaleidoscope

May 2019

The Monthly Newsletter of the Unitarian Society of Santa Barbara

www.ussb.org

We have two services each Sunday at 9:15 and 11:15 AM

This month's worship theme is CURIOSITY.

Sunday, May 5

"Justice, Equity and Compassion — Living Our Second Principle"

Six youth and four adults spent their spring break a bit differently this year. Instead of surfing and beach time, the USSB youth group drove to Keams Canyon, Arizona, to build walls, deliver supplies and learn about the stark differences between their own lives and those of the Hopi and Navajo people. Hear how the lives of our teens and their chaperones were transformed by the experience of living our second principle.

Chancel Choir will sing.

Sunday, May 19

Sara Sautter and Nic Filzen "Coming of Age"

After months of study with a mentor, our middle school youth in Coming of Age are ready to mark their spiritual journey from children to youth. Join us as we celebrate these transitions and launch new Unitarian Universalists into the world.

Sunday, May 12

Student Minister Nicholas Filzen "Music in my Mother's House"

My mom was a hero in so many ways, all with a backdrop of music in our family's life. This Mother's Day Sunday will be a tribute to all she has done as a parable for the strength and compassion that moms and mother figures, biological or not, provide for each of us. Throughout my childhood, there was always music in my mother's house—especially in the hard times. And my heart still feels full with the sound.

Women's Chorale will sing.

Sunday, May 26

Student Minister Nicholas Filzen "A Curious Case of Gratitude"

On a day that we offer thanks to all the volunteers that help make the Unitarian Society tick, we'll explore gratitude with a healthy dose of Unitarian curiosity.

Chancel Choir will sing.

Curiosity



Seeking Stewards

On Monday, April 29, I had the privilege of enjoying food and company with eight wonderful members of the congregation, our Stewardship Circle Leaders; Susie DuPont, Gun Dukes, Terri Stelzer, Doug Thomas, Claire Chytilo, Tammy Shorb, Joanie Jones, and Melinda Staveley. We talked stewardship, enjoyed Gun's fabulous cooking, and shared the reasons we each personally pledge to the Unitarian Society. What inspires us to pledge? How are we connecting with our monthly stewardship circles? What does the congregation need from us? How many emails are too many emails? ☺

We talked about the difference in what participating in stewardship now feels like since the change to year-round (monthly) giving from a single, annual appeal. How participating as a Stewardship Circle Leader felt more like a way of extending congregational connection, rather than a cold-calling, door-knocking campaign. And we shared in the celebration of our pledge projections turning upward an increase of 8% since this shift took place just over two years ago.

Being a Stewardship Circle Leader feels like an extension of our congregational connection, rather than a cold-calling, door-knocking fundraising campaign.

The results are positive, yet this work takes support; it takes the minds and hearts of our Stewardship Circle Leaders and others in the congregation to hold up and inspire our congregation to pledge. It takes institutional memory and fresh perspectives. It requires leaders with broad, high-level vision as well as leaders who are masters of Excel spreadsheets.

We are looking for more members to join with us in this work. We are hoping you might consider lending your time and talents to this congregation and to this vitally important task of funding our mission. We have structured the committee now so that there are multiple "job" descriptions to fit members with different interests and talents, and varying time commitments.

If you are interested in finding out more, or would just like to learn more about the Stewardship Steering Committee, please contact me at (805) 965-4583 x225 or by email at erin@ussb.org. I look forward to hearing from you!

ERIN WILSON, DIRECTOR OF ADMINISTRATION
ERIN@USSB.ORG

Hunt for Justice 2019

The annual Hunt for Justice was held on Easter Sunday with children collecting eggs filled with coins and tokens to donate to one or all of three different charities; Direct Aid, Court Appointed Special Advocates, and the Teddy Bear Cancer Foundation, and \$1,677.00 was donated for these charities.



Making their donations.



Charity Filzen with two full bags!

WEF Grant Goes to New Member



Dana Zurzolo

The Women's Empowerment Fund is pleased to announce that the 2019 grant has been awarded to Dana Zurzolo for her project "Girls Freedom Arts and Crafts Workshops" to be held at Girls Inc. of Greater Santa Barbara. This will be a summer event of eight workshops held weekly from June 17 through August 9 for low-income girls aged 9 to 12. Dana is an experienced artist who will lead the pre-teen girls in creating artistic products under the theme of the Four Freedoms articulated by Franklin D. Roosevelt in 1941: freedom of speech, freedom

of worship, freedom from want, and freedom from fear.



As well as creating fun projects to take home, there will be discussion of how these four freedoms apply in the girls' lives. This will be helpful not only to the participants but also to Dana, who is new in our community and will be jump-starting a career path in Santa Barbara. It is also the first WEF grant to focus on this age group. The 2019 Selection Committee wishes Dana every success in her project.

RACHEL AARONS, NANCY EDMUNDSON,
SUZANNE FAIRLY, KATE MEAD, MELINDA STAVELEY,
AND DOROTHY WARNOCK

Secret Pals Comes to USSB this Summer!

Open to children aged four to twelve, this fellowship program helps adults and children have fun and "make a new pal."

At our Religious Education workshop in the spring of 2018, congregants reported they wanted to "create intentional families from the multigenerational wealth of our congregation." In other words, you want to bring kids and adults together more often and have more fun with each other.

Secret Pals will bring do just that . . . and include ice cream! Win-win.

On Sunday, May 12, we will (secretly) match a participating adult with a participating child. Then, over the course of the next few weeks, the adult will send cards, notes, riddles, and other clues in the mail that hint at who that adult might be.

The fun culminates on Sunday, June 9 at coffee hour when the identity of the Secret Pal is revealed at an ice cream social in Parish Hall.



Children between the ages of four and twelve who wish to participate in the program will need to sign up in order to have a Pal assigned. Please complete and return the coupon below by May 12 and place it in Sara's mail box outside of the RE office. Or you may put all the information into an email and send it to sara@ussb.org.

Adults (with at least a six month history at USSB) who wish to participate (you are gonna want to do this, it's a super fun program!) should send an email to Sara at sara@ussb.org.

Secrets, new friends, ice cream, and USSB: now THAT's a recipe for FUN!

Yes! We want in on the fun! Please enroll us in the Secret Pal program!

Child #1-Name _____ Age _____ Interests _____

Child #2-Name _____ Age _____ Interests _____

Child #3-Name _____ Age _____ Interests _____

Parent's Name _____

Best mailing address _____

Nominees for the Board of Trustees and Nominating Committee, 2019-20

USSB Board of Trustees

Onolee Zwicke is honored to serve as a Board member at USSB for a second term. As a Unitarian for eight years and an active participant and member of USSB for the past five years, she served as Board Treasurer and Board Secretary, was a member of the CRE committee, budget committee, and finance committee, participated on the search team for the upcoming Lifespan Director, and was previously a member at Live Oak Unitarian, serving on the board one year as well as co-chairing the stewardship committee for two years. She is a strong advocate for social justice and anti-racism work. Onolee is married to Maurice Wada (USSB member) and has three children: daughters Jade and Jasmine (USSB members), son Chris, and two granddaughters, Charlotte and Zoe. She is the owner and executive director of Art Explorers & Terrific Scientific, which provides art, engineering, science, and technology programs to students in elementary and junior high schools. Serving the local community of children and parents for 18 years, these programs encourage problem-solving, inquiry-based learning and creativity. She was the Director of Staff Training & Organizational Development at UCSB for 12 years and a community liaison for UCSB Student Affairs, Isla Vista and Santa Barbara County for four years. She has her Ph.D. from the University of Connecticut.



USSB Nominating Committee

Bruce Daniels. In 2010, I joined USSB where I quickly became a member of the Chancel Choir and Membership Ministry, and ultimately joined a Connection Circle. I have served on some Evaluation Committees and enjoyed meeting many wonderful, caring, and bright people at the Society. There was a feeling of acceptance that I found where you can believe whatever you want and you can believe in yourself. Many members of the congregation have been great teachers, and there is direction to this faith.



I am a native Southern Californian and did most of my schooling in Southern California. After receiving my M.D. degree from U.C. Irvine, service in the USN Medical Corps for 14 years was followed by private practice in Santa Maria. After retiring, I lived in Carpinteria for nine years, moving to Santa Barbara in April, 2019.

USSB Board of Trustees

Mike Gorodezky would be honored to serve as a Board member for USSB. He and his wife, Eileen Bunning, have been members since 2011. They joined USSB to find a community that shared their values. They only needed to visit a few times before they understood they had found the right place. Currently Mike serves on the USSB board, and the Committee on Shared Ministry. The past two years he has been the volunteer coordinator of the USSB Warming Center. He also has worked on the Great Decisions planning team for the past three years. He has volunteered to help with a variety of food service projects, most notably the annual auction dinner. Mike has been retired for 10 years from his work as an information system consultant. In his 40-year career he worked with a variety of public mental health organizations as they introduced computer technology and electronic records. Mike holds a Ph.D. from Michigan, an MSW from UCLA, and a BA from Berkeley.



USSB Board of Trustees

Björn Birnir is the Director of the Center for Complex and Nonlinear Science at the University of California, Santa Barbara. In 1981 he obtained his PhD (Mathematics) from the Courant Institute New York University, and held positions at the University of Arizona, Tucson and UC Berkeley. Since 1993 Björn has been Professor in Mathematics at the University of California in Santa Barbara. In 1998, he became Director, Center for Complex and Nonlinear Science (UCSB).



He established an exchange program between UC Santa Barbara and the University of Iceland in 2000 that has been active since then and was the Study Center Director for the UC Education Abroad Program in Madrid, Spain, from 2009-2011, overseeing the student exchange between the UC systems and Spanish Universities. In 2010, Björn was elected Fellow of the American Association for the Advancement of Science. In 2013, he became Editor in Chief of the International Journal of Nonlinear Science and Numerical Simulations.

Björn's research centers on nonlinear and stochastic modelling for complex dynamical systems. This includes: Mathematical seismology and geomorphology, erosion and landslides, statistical turbulence, nonlinear phenomena in quantum systems, migration of school of fish, swarms of bacteria and global change.

Hopi Service Trip 2019

Six Teens and four adults returned from Keams Canyon, Arizona with stories to tell about their service trip to the Hopi and Navajo reservations. The crew worked on replacing walls for a Navajo elder's home and also helped another Hopi family begin work on a new location for their out house.

The teens came home with a better understanding of the struggles of the Hopi and Navajo as they try to maintain and live their ancient culture in a world that may not support their native ways.

The youth got to witness the firing of traditional ceramic pottery created entirely from clay and dyes from the land. The potter, Dee Setalla, does not even use a purchased brush. Instead he uses a yucca leaf to create traditional designs on his pots.

Learn more about the trip and the transformations made in the lives of our youth and their chaperones at the worship service on Sunday, May 5.



Dee Setalla pots ready to be fired.



Adding sheep dung to the traditional kiln.



Full flame on the kiln.



Meeting Myrtle, a Navajo elder.

Sunday Service Superheroes

Sunday, my job reminds me most of my past lives as an Usher for the Cirque du Soleil or working stage crew for Kenyon College's theater program. While the audience (in this case, you, the congregation) is focused on the various words, music, candles, and songs that inspire, I'm looking after nametags and hymnals, lost umbrellas and collection dollars, and helping to extinguish candles, soothe babies, and make sure everything is clean and tidy. Of course, there's occasional panic and chaos, but our job, backstage, is to keep the disorder hidden so that the front-of-house team looks good. And for the most part, Sundays flow magically and all is well. But it doesn't happen because of me alone.

Let me just cut to the chase: it takes nearly a dozen volunteers to make each Sunday Service happen, at both 9:15 and 11:15 AM, and we need more help. I manage three separate volunteer teams on Sunday: Ushers, Coffee Hosts and, now, Greeters. Each of these Sunday Service Superheroes rearranges one Sunday a month to make sure the rest of you have an Order of Service in hand, or a mug of coffee, or a friendly hello in the Courtyard. Not content to kick back and listen on the weekend, the Sunday Service Superheroes make the day happen, anticipating the congregation's every need.

Jealous? Sound like fun? You want to be a USSB rock star, too? The good news is that you can join them now! Yes, that's right, for a limited time only (or really, whenever) you can help make Sundays flow smoothly. Be a rock star! Be a thought-leader! Be a Sunday Service Superhero and join the Usher, Greeter, or Coffee Host team today! It's just one hour per month of work, plus one hour at the start to train. Email maureen@ussb.org to step into a Sunday Service Superhero role.

Even if you don't want to join these teams, please take a moment this Sunday to thank your greeter, usher, and coffee host. And on May 26, as we take a moment to celebrate all our many USSB volunteers, the Sunday Service Superheroes will be there, too, perhaps wearing their red capes and bat suits. Then, you can tell them you know, now, their alter-ego USSB-crime-fighting hobby. Just don't ask them their superhero name. (That's a true USSB secret.)

MAUREEN FOLEY CLAFFEY,
DIRECTOR OF CONGREGATIONAL LIFE
MAUREEN@USSB.ORG

Focus on: The Library

By Ellie Tuazon

Each month, we will highlight one USSB program, ministry team, or event that is part of Congregational Life to explore all the aspects of our community.

Our library is a collection of interesting books and films that serve the members of our congregation. The opportunity to borrow these products is a perk for members that began over forty years ago.

When I joined USSB, nine years ago, I gravitated to the library because it was a new learning experience for me. I still enjoy setting up the library and hearing people discuss what they are reading or viewing. It gives me great pleasure when someone says, "That was a very good read."

At this time we are looking for someone to lead the library to the next level and into the digital age. Email maureen@ussb.org if you'd like to join our team.



Ellie Tuazon sets up the library in Parish Hall during Middle Hour on the first and third Sunday of each month.

Library Corner

Here it is May and we are still looking for that significant person that will bring our library to the next level. Could it be you? Then please do talk with Maureen Claffey.

We are interested in adding the book "Educated" by Tara Westover to our collection, and would be grateful if anyone would donate their copy.

The Movie—Secondhand Lions

Walter, a shy 12-year-old boy (played by Haley Joel Osment), is dumped with his uncles on their Texas farm for the summer after his mother decides to attend court-reporting school. Uncle Hub (Robert Duvall) and Uncle Garth (Michael Cain) are a gruff pair who like to shoot at fish and salesmen, while telling stories of their exploits that challenge the young boy's credulity.

A first Walter is a bit fearful of his eccentric uncles, but the summer turns out to be anything but boring and Walter grows quite fond



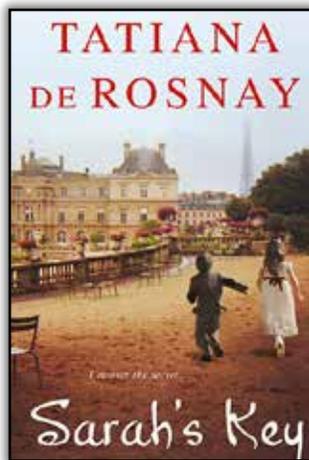
of Hub and Garth. Rumor has it that they have millions stashed away somewhere on the farm, so there is quite a bit of traffic. Walter encourages the uncles to use some of their money, and they order seeds, plant a garden, and even get an old lion.

Uncle Hub has difficulty accepting getting old, and he does swear some, but Walter never swears. Released in 2003, this is a heartwarming comedy about adventure, discoveries, growth, and trust.

The Book—Sarah's Key, a novel by Tatiana de Rosnay

On July 16, 1942, French policemen carried out the mass arrest of 13,000 Jewish men, women, and children in Paris and herded them into the Velodrome d'Hiver, an indoor stadium for bicycle racing. Before the police came to take Sarah's family, she locked her little brother in their favorite hiding place, a cupboard in the family's apartment. She kept the key, thinking she will be back in a few hours. After several brutal days in the stadium, Sarah, her mother and father, and all the rest of the Jews are sent to Drancy, a refugee camp, where the men are separated from the women. Later they also separate the children from their mothers. Eventually, all who survive Drancy are sent to Auschwitz. Sarah manages to escape.

Two main plots are followed through the book, Sarah's story and the one that follows Julia Jarmond, an Ameri-



can journalist living in Paris, who is asked to write an article in honor of the sixtieth anniversary of the Velodrome d'Hiver Roundup. As Julia researches material for her article she begins to realize that the Parisians of today do not know or do not want to remember what happened in their city in 1942. In fact, they tell her nobody cares, nobody will be interested. Once Julia finds out the gruesome details of that roundup, she is greatly moved, and sure that people will care.

Julia and her husband are renovating the same apartment where Sarah and her family lived, and secrets begin to spill out. Julia goes on an all-out search for Sarah. During this time she begins to question her own place in France, and to reevaluate her life.

REVIEWS BY ELLIE TUAZON

May Outreach Offering: Santa Barbara County Immigrant Legal Defense Center

This month's Outreach Offering recipient is an emerging non-profit organization dedicated to:

- 1) Recruiting and training volunteers to represent immigrants in removal proceedings, and
- 2) Providing community education to help immigrants understand their basic civil rights.

In 2017, the need for the Immigrant Legal Defense Center (ILDC) became apparent as President Trump and the Department of Homeland Security increased the number of immigrants at risk of being placed in removal proceedings. Growing fear among the immigrant community led the Fund for Santa Barbara to convene the Immigrant Legal Defense Collaborative, a coalition of immigrant-serving organizations in the Central Coast. Among the primary needs identified by the collaborative was for legal representation of immigrants in removal proceedings.



After being detained, noncitizens are traditionally sent to remote detention centers without access to counsel. According to a study by the American Immigration Council (2016), only 14% of detained immigrants secure legal representation. The ILDC fills this void by recruiting and training pro bono attorneys to represent immigrants who have lived in Santa Barbara County, cannot afford private representation, and are eligible for release on bond. Volunteer attorneys are matched with a mentoring immigration attorney who will provide guidance on each case to ensure high-quality legal representation.

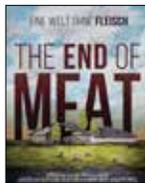
Please take the opportunity to support the Immigrant Legal Defense Center with your offering this month.

FOR MORE INFORMATION, VISIT
WWW.SBIMMIGRANTDEFENSE.ORG

The Immigration and Refugee Response Team of the Unitarian Society will be having a table in the garden between Sunday services during the month of May to educate members of our community to what they can personally do help local individuals. There are many opportunities available to help that do not require large commitments. You can make a difference. Please stop by to see how you can help.

Vegan Film Night

The next Vegan Film Night will be Friday evening, May 10, at 7:00 p.m. in Blake Lounge. The End of Meat is a new film by a German filmmaker that asks the question: what effects would a post-meat world have on the environment, the animals, and ourselves? Ranging widely, the filmmaker, Marc Pierschel, talks to vegan leaders in Germany, visits a fully vegetarian city in India, and observes future food innovators making meat and dairy without animals and harvesting "bacon" from the ocean. The End of Meat reveals the hidden impact of meat consumption, explores the opportunities and benefits of a shift to a plant-based diet, and raises critical questions about the future role of animals in our society.



Women's Empowerment Film Showing

SAVE THE DATE: Sunday May 19 in Jefferson Hall, doors open at 5:00 p.m., film starts at 5:15. Free admission! Miss Representation is a film about the impact of media on women and young girls. It includes interviews with well-known figures such as Nancy Pelosi, Katie Couric, Rachel Maddow, Gloria Steinem, and Condo-leezza Rice. If you have a pre-teen or teenage girl in your life, consider bringing her to the screening. There are teenage speakers in the film and information about the negative impact of media on this age group. Light refreshments will be served. Discussion and light refreshments will follow the film. We will finish at 7:15. Everyone is welcome! Bring your friends. Sponsored by the Women's Empowerment Project.



Ongoing Events at USSB

Alliance

FRIDAY, MAY 3 AT 2:00 PM IN PARISH HALL

Cannabis: What's Legal and What's Not?

At the May 3 Alliance meeting, we will hear from Matt Fore, senior assistant to the Administrator of the City of Santa Barbara. Matt will present a brief primer on the forms of cannabis and their uses, and on the laws and ordinances at the various levels of government that regulate the raising, selling and using of cannabis in its various forms. There will be time for your questions. You are invited to bring a healthy snack for the refreshments table. All are welcome. Come and bring a friend!



Great Decisions Foreign Policy Discussion Group

WEDNESDAY, MAY 1 AND WEDNESDAY, MAY 15 AT 7:00 PM IN PARISH HALL

Solidarity and Compassion Project

WEDS., MAY 8 AT 7:00 PM IN THE SANCTUARY

Join us every second Wednesday of the month when we come together to discuss ways of community healing during traumatic times and to spend time in meditation and reflection. We take on a different topic each month, with diverse guests for the panel discussion: thinkers, faith leaders, scholars, musicians, visionaries, artists, and activists share their work as we all learn how to deal with uncertainty and fear during this challenging time in our country and our world. All are welcome—no meditation experience necessary. We are thrilled to partner with **Radhule Wieniger** and **Michael Kearney** of Mindful Heart Programs, who have been running the Project since 2016.

Quantum Field Theory & Consciousness

MONDAY, MAY 20 AT 7:15 PM IN BLAKE LOUNGE

Beginners QFT&C meets the third Monday of the month, and gathers at 7:00 PM to start at 7:15 in Blake Lounge.

Book Discussion Group

TUESDAY, MAY 21 AT 7:00 PM IN LA PAZ LOUNGE.

Contact **Al Melkonian** for more information.

Vegan Potluck

SUNDAY, MAY 26 AT 5:00 PM IN BLAKE LOUNGE

Our USSB monthly vegan potluck is a safe space in which to explore the pleasures of a completely plant-based meal. People with all eating styles are warmly welcomed. The commitment for participation is to contribute food that is totally plant-based, i.e., totally vegan. You are invited to share a vegan community meal and exchange ideas about plant-based eating. Please bring a plant-based, vegan dish that serves 10-12 people,

and bring utensils, dishes, cups, and napkins. Email **Cathy Albanese** to RSVP, and for more information visit www.ussb.org/community-life/monthly-vegan-potluck.

Weekly Meditation

EVERY WEDNESDAY AT 5:15 PM IN THE SANCTUARY

Find more mindfulness, or just a brief mid-week timeout. After a 10-minute settling period and introduction, we'll have two 15-minute sitting meditation periods, with a brief break for people to stretch, come in, or leave. Bring your own cushion or other sitting tool, or chairs and cushions will be provided. The group is led, on a rotating basis, by **Arianna Jansma**, **Rev. Julia Hamilton**, **Rev. Ken Collier**, **Maureen Claffey**, and **Nic Filzen**.



Yoga Classes with Monica

MONDAY & WEDNESDAY, 5:30 TO 6:30 PM IN JEFFERSON HALL.

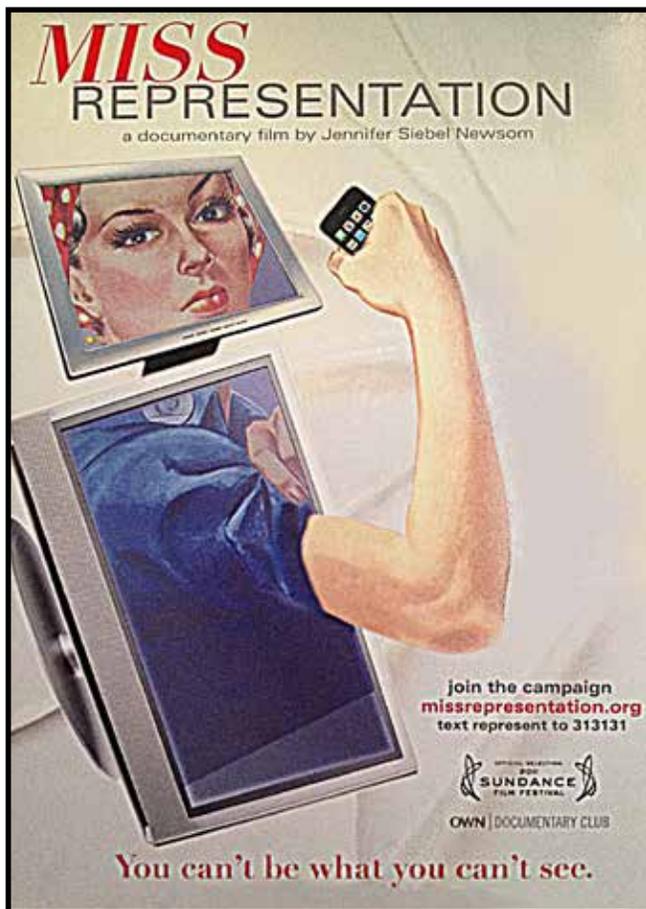
Open to all! This yoga is a gentle, restorative, healing experience. Focus is on holding poses, core movement, and breathing meditation, with care to protect the low back and neck. Drop in and give it a try! Cost is \$13.00 a session or \$65.00 for the month.



Free Admission

Unitarian Society
of
Santa Barbara

Women's Empowerment Film Series Everyone welcome!!!



Sunday, May 19

5:00–7:15 PM

Jefferson Hall

**Unitarian Society of Santa Barbara
1535 Santa Barbara Street**

This film offers an inside look at the media and its message through provocative interviews with well-known figures such as Nancy Pelosi, Katie Courie, Rachel Maddow, Gloria Steinem and Condoleezza Rice, as well as personal stories from teenage girls.

By promoting the idea that women's primary value lies in her beauty and sexuality, the media makes it difficult for women to obtain leadership positions and for girls to reach their full potential.

Striking illustrations of advertising images indelibly drive the point home.

**Discussion in small groups will follow the film screening.
Doors open at 5:00. Film starts at 5:15. We finish at 7:15.
Light refreshments will be served.**

The Unitarian Society of Santa Barbara

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Jon Diaz, Sexton, jon@ussb.org
Heather Levin, Accompanist
Rev. Kenneth Collier, Minister Emeritus

Sunday Worship Services are at 9:15 and 11:15 AM
Sunday Nursery & Children's Care: 9:00 AM to 12:30 PM in Starr King
The office is open Sunday mornings and Monday to Thursday from 9:00 AM to 4:00 PM

Deadline for the June issue: *Monday, May 20*
Email: Kaleidoscope@ussb.org