



Living with Integrity, Nurturing Wonder, Inspiring Action

# Kaleidoscope

September 2018

The Monthly Newsletter of the Unitarian Society of Santa Barbara

www.ussb.org

## SUNDAYS IN SEPTEMBER

**One 10:00 AM service on the first Sunday ONLY**

**We return to two services at 9:15 and 11:15 AM starting Sunday, September 9**

This month's worship theme is VISION

*"In any situation that we find in our lives, when there is something that we feel should be better, we must exert effort to try and make it better. So it's the same socially, musically, politically in any department of our lives." — John Coltrane*

### Sunday, September 2

**One 10:00 AM service**

Rev. Julia Hamilton

#### "Work and Identity"

The author David Whyte defines work as "the place where the self meets the world." On this Labor Day weekend, let us consider how our work in the world shapes and defines us.

*Summer Singers will sing.*

### Sunday, September 16

Rev. Julia Hamilton

#### "Days of Awe"

In the Jewish tradition, the ten days between Rosh Hashanah and Yom Kippur are called the "Days of Awe." It is a time for reflection and reconciliation, a time for getting in touch with the deep longing within us all to turn toward the good, and move away from that which does us harm, individually and collectively.

This Sunday we will also be welcoming our Intern Minister, Nic Filzen, and his family!

### Sunday, September 9

**Services at 9:15 & 11:15 AM**

Rev. Julia Hamilton

#### "Ingathering: Homecoming at the Shore"

Here in Santa Barbara, we live in an intimate relationship with the vast and powerful ocean at our doorstep. This Ingathering Sunday, let us gather in joyful community as we reflect on what it means to live in the tides of life together. Don't forget to bring some water with you to this special, all-ages service, for our annual Gathering of the Waters Ceremony!

*Chancel Choir will sing.*

### Sunday, September 23

Rev. Julia Hamilton

#### "Reclaiming the Horizon"

These days it can be tempting to define ourselves by who we are not: We are against hate, we are against tyranny, we are against injustice. But we must do more than just resist. We must reclaim a moral horizon, a star toward which we are sailing together. To put it simply, what is our vision for the Beloved Community?

### Sunday, September 30

Charla Bregante and Ken Ralph

#### "What Is Your Future?"

The future is what will happen in the time after the present. Its arrival is considered inevitable, but predicting precisely what shape the future will take has always been elusive due to the chaotic nature of natural and social processes. But this does not mean that the future is empty—we inevitably fill it with assumptions and intentions in our attempts to mold it to our will. How has that worked out for you? Is it possible to overcome the chaos that is life and truly mold our future?

*Women's Chorale will sing.*

# September Outreach Offering: Radical Hospitality on Wheels

Showers of Blessing is on a mission and it's not what you might think. Sure, one could say that our mission is to provide showers to people who are experiencing homelessness, and that would certainly be adequate. But we see our mission as much bigger than that. In fact, we see it as nothing less than unleashing a radical hospitality revolution in our fair city.

Our charge is to transform how our community sees and serves people experiencing homelessness. We do this by enlisting the time and talents of community volunteers in providing stellar customer service to the downtrodden, the forgotten, the dispossessed.

We offer a safe respite, kind words, a new pair of high quality cotton socks, and a new pair of custom made cotton underwear. We provide each guest with a soft fluffy towel and wash cloth, and offer a hand up as they enter their own private bathroom. Ten minutes later, the instant the door latch clicks open, we help our guest descend from the bathroom and we ask, "How do you feel?" and, "Is there any way we could make this better?"

At the heart of everything we do is our guests . . . the people we serve.

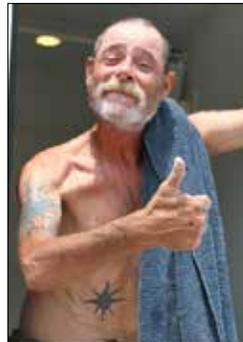
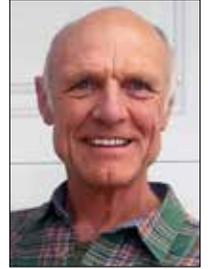
We want to invite you to join our Radical Hospitality Revolution. Volunteer with us. We need help-

ers at all seven of our weekly sites. There are many ways to serve: driving our truck and trailer; or laundering towels; or welcoming our guests at the sign-in table; or sanitizing the bathroom after each use; or handing out socks and underwear. Contact our volunteer coordinator, **Jean Michel**, at 6020kilo@gmail.com, or call (805) 455-1917.

We gladly accept financial contributions at showersofblessing.org, and during September you may also write checks directly to Showers of Blessing and drop them in the Sunday offering plate at USSB.

Join the revolution!

**KEN RALPH,**  
EXECUTIVE DIRECTOR,  
SHOWERS OF BLESSING



# ANNUAL AUCTION & MONSTER MASH PARTY



Saturday, October 13, 4:00 to 8:00 PM

Preparations for this year's annual auction are well underway. This year's theme is A Monster Mash Party. Find a crazy monster wig or search the thrift stores for a one-of-a-kind gem to wear to USSB's party of the year!

This event is an essential fundraiser that brings us together as a community so we can continue to do the work we believe in.

## What monstrous things will be asked of you?

- Donate auction events between now and September 9. You can donate at the auction table in Parish Courtyard on Sundays or online at [www.ussb.org/auction](http://www.ussb.org/auction)
- Volunteer to help. There is a job for everyone and everyone is needed. Volunteer in the courtyard on Sundays or contact Tammy Shorb.
- Most importantly, SAVE THE HAIR RAISING DATE!

Contact **Tammy Shorb** at [tammymshorb@gmail.com](mailto:tammymshorb@gmail.com) or (805) 617-9474 if you have questions . . . or a ghost story you'd like to share!

## 2018 Auction Timeline

September 1

- Start thinking about your costume!

September 9

- Deadline to submit donations—anything received after this date won't be listed in the auction catalog

September 23

- Catalogs available in the courtyard (if you can't pick up your catalog, it will be mailed to you)
- Early registration begins

October 13

- Auction night!

October 14–19

- Winning bids tallied and auction receipts emailed

October 21

- Printed auction receipts available in the courtyard
- After-auction sale for items that didn't sell out

November 4

- After-auction sale ends

## AUCTION ACTION!

Don't wait 'til the last minute to submit your auction donations! If you're dry for ideas, there will be a **BRAINSTORMING PARTY Sunday, September 9 in Parish Hall from 10:15 to 11:00 AM** with coffee and goodies! Dream up and coordinate favorite events in the company of others.

- Team Up
- Show Up
- Be Inspired!

Ringleaders are **Julie Lopp & Donnis Galvan**. Come join us for the fun. We'll have the planning calendar so you can find the right date for your party, outing, or service, and there will be lots of ideas free for the taking. And if you have ideas you would like to see in the auction catalog . . . we want them too!

# September 8 in San Francisco and Beyond

## Rise for Climate, Jobs and Justice

A unique opportunity to help Governor Brown and other elected officials and business leaders be the transformative climate leaders they have the capacity and power to be.

*The Unitarian Society's Seventh Principle Action Network (SPAN)* joins the faith contingent of *RISE for Climate, Jobs and Justice* to invite you—urge you—to reflect on ways you could join other people of faith in the growing movement to build the massive political will that's necessary to re-stabilize the climate in a time-sensitive and just manner. Following that reflection, make a personal or group commitment towards that end.

Making changes in one's personal habits like one that consumes high levels of energy as in frequent air travel or a diet high in animal protein are very worthwhile but they are insufficient at this late stage in the game to reclaim a habitable climate. Our mobilization needs to be highly and quickly scalable.

Following are a few questions you could ask yourself as you begin your reflection:

❖ How might you support our clergy, congregation, and denomination in their efforts to understand and find an adequate response to this existential crisis, one that is based upon our Unitarian Universalist principles?

❖ How might you ensure that your elected officials know your commitment to rapid transition to clean, safe, 100% renewable energy at all levels of government and your equally steadfast determination to quickly phase out the use of fossil fuels and the infrastructure that perpetuates them?

❖ What about attending and even speaking at meetings where there's a chance to interact with your elected officials?

You could:

- write letters to the newspaper,
- support climate-friendly candidates in their campaigns,
- participate in groups that work locally and beyond

such as 350.org (and its affiliate chapter, 350 Santa Barbara), Food and Water Watch, CLUE-SB, the Sierra Club, or The Standing Rock Coalition. Note that few social movements have succeeded without large numbers of people in the street.

❖ And what about you or your group deciding to publicly demonstrate the growing strength of the climate movement by attending and supporting rallies and marches, especially at critical

### CLIMATE CALL TO ACTION



# Climate Call to Action-cont'd.

moments like the upcoming Global Climate Action Summit in San Francisco this September 8?

❖ How might you listen to the voices of the poor, the houseless, frontline communities and other vulnerable groups and advocate for just policies. How to create strategies to curtail proposed climate disruption or how to best advocate for safer working and living conditions for those impacted by fossil fuels?

❖ How could you best interface with groups such as CLUE-SB and CAUSE, Climate Justice Alliance, and California Climate Justice Alliance (CCJA) that are working on these issues?

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September 8 is about more than just numbers; it's about telling the story of climate, jobs, and justice; it's about showing that to change everything, it takes everyone—including you; and it's about committing to make climate action a part of the national dialogue in November, in the months that follow, and well into 2019 and 2020.

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❖ You could advocate for a just transition that supports workers retraining for jobs that are compatible with a habitable planet.

❖ And you might offer your musical, artistic, writing, speaking skills, and suggest ways to build community, use your computer skills to mobilization for the climate?

❖ What are some other avenues beyond these that might you consider?

❖ And finally, what, after this reflection, will be your intention, your commitment? Consider sharing with others at <http://ca.riseforclimate.org> that *You* are making this commitment and ultimately making a difference.

**CHERYL SNELL**  
**SPAN COMMITTEE CHAIR**

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***CLUE Santa Barbara*** (Clergy and Laity United for Economic Justice) is a network of interfaith community leaders and members organized to address the root causes of local economic injustices to those marginalized in Santa Barbara County. These include:

- People Harmed by the Environment
- Ending Homelessness
- Empowering Immigrants through just policies
- Supporting Tenant Rights
- People Impacted by the Broken Criminal Justice System

***Rise for Climate Action*** is a global movement organized by hundreds of local leaders and dozens of partners. It's coordinated by a global steering group in conjunction with our global and national partners.v

***CAUSE: Central Coast Alliance United for a Sustainable Economy.***

Its vision is that together we can create a global community which we all contribute to, and benefit from, a sustainable economy that is just, prosperous and environmentally healthy.

# Catherine Callahan: A Journey to Wellbeing

I am so grateful to Rachel Aarons, the founder and Chair of the *Women's Empowerment Fund* (WEF) and to the members of the WEF Committee for giving me the opportunity to fulfill a long-held dream. Using the 2018 WEF grant I was awarded in April, I have written and published a paperback book on women's health in August (now available from Amazon). Its title, *YOU Can Do It: Tools for Better Managing Your Healthcare*, reflects its focus, which is to teach women how we can get better healthcare. In the next few months I will be searching for angels to fund the translation of the book into Spanish and to convert it into an eBook.

The book is a 52-page synthesis of lessons learned during my healthcare journey and from others along the way. A common thread throughout my book is the need to be a partner with your healthcare professionals. The organizational flow of the book builds from section to section. After you determine which one of three types of patients you are (*passive, informed* or *active*), I identify six tools that work well for many women and their healthcare professionals. These tools have worked very well for me. They

include: the *Key Ring Tool*, the *Building Relationships Tool*, the *Asking Questions Tool*, the *Basics Tools*, the *Creating Your Support System Tool*, and the *Online Communications Tool*.

There's a section on what not to say, what to say, and what to make sure your healthcare professionals know about you. The book then explains how to use the tools and what to expect during an office visit, laboratory visit, an Urgent Care visit and an Emergency Department visit. The last section of the book is a table, "Who Are the Healthcare Professionals?" Too many of us don't know the differences between our various healthcare professionals. What's the difference between a Marriage and Family Therapist and a Counseling Psychologist? You'll find out on page 41.

Templates for such issues as writing your medical history, questions to ask when you are having surgery and what your anesthesiologist and you need to know the day of surgery are provided as attachments. I have been gifted by reviews from doctors, nurses, psychologists, proofreaders, and consumers. I thank you all for your time. Your comments have helped me transform the book.



Catherine with Neena Blu in her calming garden

## Journey-cont'd

Where did all this information come from? I have been on a 25-year journey of multiple medical issues and, being both curious and furious (with some of the professionals), experimented with how to be most effective in getting my healthcare needs met as a patient. Feedback from my healthcare professionals has improved the tools I use. I have also helped others over the years to improve their care. A recent example in a doctor's office involves a woman who had waited too long to be seen. I encouraged her to go up to the front desk and ask when she would be seen, as her appointment time had long since come and gone. The woman asked and was immediately called back. A small thing but the woman felt she had some control over a situation that is mostly outside her control. Her smile said it all.



So...how did I get to this point? I promise this won't be my life story. However, having said that, I grew up and went to school in the Midwest. (I will never live east of the Rockies again!) After graduating with a couple of science degrees from the University of Wisconsin-Madison, my husband and I moved to Santa Fe. I worked for the state Environmental Improvement Agency. One of my projects was to write the state's groundwater management plan as the chief of the Water Quality Planning Section. They're still using parts of it!

Life happens, and we moved with an 11-month-old baby, Chris, to Santa Barbara. I worked for an international consulting firm. Mike, my second son, came along and one divorce later I found myself working on offshore oil and gas issues for the County of Santa Barbara. I still remember sitting across the table from Exxon engineers, managers, their San Francisco attorneys, and their Washington D.C. attorneys during a long meeting.

In 1993 I was diagnosed with a rare cancer, a lymphoma whose name is almost unpronounceable. At that time there were 54 of us on the Internet! My sons were 11 and 8. I have far outlived the odds, thanks to research and excellent medical care. I retired from the County on a medical disability in 2001. Managing my health has been a full-time job for a very long time: there were spinal surgeries, breast cancer, a second rare lymphoma, following which there were still more major surgeries including more spinal surgeries, a knee replacement, and so on. I know the total, not counting dental surgeries, but I'm not saying. It's not important.

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Receiving the grant has also empowered me to start a business, ICare-HealthCare, as an advocate and consultant for people going through the healthcare system. I suspect that the WEF Committee didn't realize what a tiger they unleashed with the grant award!

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What has been important to me is that, through all of the medical interventions, I have been lucky enough to walk out of a wheelchair into walking without aids. I can use my left arm. I am celebrating birthdays I never expected to reach. I have learned that for me it is about quality of life.

I need to make something clear. Although my health issues take time and energy, they do not define me.

I am a woman who has come through difficult circumstances to live a very satisfying life. I have discovered the pleasures of growing older. Of parenting adult children as they settle into their mid-30s lives. Of enjoying my first grandbaby, who just turned nine months old, and who will be "Sweetcakes" to me for a long while!

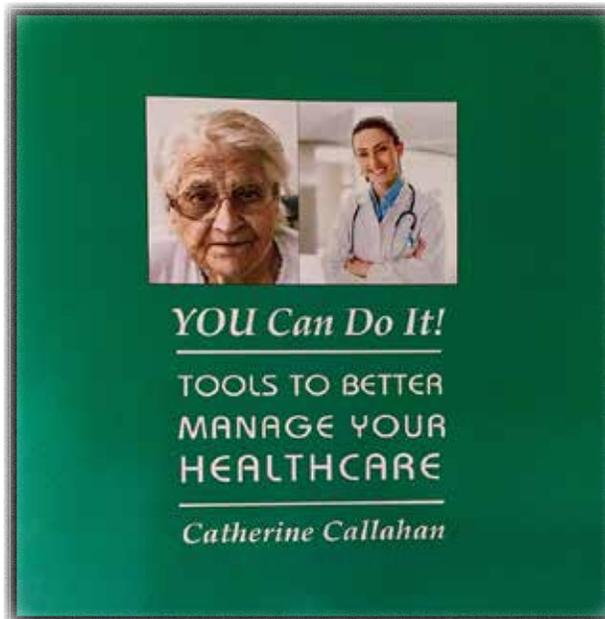
I am an avid reader and have been all my life. Music has also been a constant companion. I have sung Renaissance and Baroque music with a group of friends since 1987. I learned to play the gamba, a Renaissance instrument similar to the cello, playing with a group for many years. I have been physically active and though my running has had to give way to walking, I love being out-of-doors. I was a rider and a volunteer at the local Hearts Therapeutic Equestrian Center and wrote grants for the non-profit organization.

*Continued on page 8*

## Catherine's Journey-cont'd

Yes, I have a sense of humor, though I have been known to make atrocious puns.

I came to the Unitarian Society in October 2013 for two reasons. First, I wanted to deepen my spiritual journey and, having known and liked some Unitarians, I met thought I'd start here. Second, when I attended services I felt so welcomed and so much a part of a warm and loving community where I had the chance to give back, that I felt I had found my place. I have made good friends and absolutely love singing in the choirs. And I have indeed found opportunities to "give back."



### The Book!

I am available for talks to any group about my book, my experiences, and how it is possible to live with a seemingly never-ending set of medical issues and still have a thoroughly satisfying life. I will be speaking to the Women's Group on Monday, September 10. I will make a WEF presentation to the congregation during services on Sunday, October 14. Please contact me should you have healthcare issues with which I may be able to help.

You will find copies of the book in the Unitarian Society library starting in September. Individual paperbacks can be ordered from Amazon for \$9.95.

**Here's to the Good Life!**  
*Catherine*



## About the Women's Empowerment Fund

As the founder of the Women's Empowerment Fund, I am delighted to see the fruition of our second project in the form of Catherine Callahan's book *You Can Do It: Tools to Better Manage Your Health*

*Care*. Catherine is a dramatic example of the "you can do it!" philosophy of her book as she tirelessly and enthusiastically pursued this project from receipt of the 2018 grant all the way to completion. In accordance with the principles of the Women's Empowerment Fund, this book promises to be of service to women of all ages, not only in the Santa Barbara community but also in the wider world.

My goal in creating the Women's Empowerment Fund was to encourage women in our UU congregation to think creatively about projects that would address the needs of women and girls in a broad spectrum of areas of focus. The first project headed up by Charla Bregante in 2017 was directed toward the needs of low income Hispanic women in the Santa Barbara community. As WEF is an annual grant, we can all look forward to the next project which will be coming up in January of 2019.

UUSB women! Start thinking now of ideas for making a difference in the lives of women and girls in our community and beyond.

With heartfelt thanks,  
*Rachel Aarons*

# Get a JUMP on the New Church Year!

Our church Ingathering and Religious Education Kick-Off Carnival are both on Sunday, September 9. OF COURSE we will have a bounce house!

Last spring, at our future of religious education workshop, you told us that you wanted “engagement across the generations.” Come to the carnival and play “Getting to Know You Bingo,” make a placemat with prompts for dinner discussion of our monthly themes, and share a sweet treat together! It will be a great way to kick off the year.

So mark your calendar now for Sunday, September 9 at our 10:15 AM coffee hour. See you there!

## RE ENROLLMENT STARTS NOW! CLASSES BEGIN SEPTEMBER 9

Kids! Who will be in your new religious education class? Where will your class meet? What kinds of social justice projects will you work on this year? Will you be visiting a Quaker meeting or a Hindu temple?

Enrollment for our upcoming church year starts right....now! Visit <https://www.ussb.org/re-enrollment/to-enroll>.

As soon as we have a better idea of who is coming (eight first graders? ten sixth graders?) we'll get our class groups organized and let you know the answers to all of these questions. And more!

Like last year, children will be exploring the same themes in their classes that our entire church community explores in worship and in small groups each month. We are adding preschool and youth in the theme based learning mix this year. And we are also making a point to connect each of our themes with our Unitarian Universalist principles and sources.

In addition, we will have one Social Justice Sunday a month when we will put legs on our faith by learning how to live it in the world.

We hope to have religious education programs concurrent with both our 9:15 and 11:15 AM worship services. Our plan now is to have age-based classes at 9:15 in our classrooms and a one-size-fits-all class in Jefferson Hall at 11:15. They will both be focused on our monthly themes.

Children should attend the beginning of the worship service with their families and they will be escorted to classes, which will begin at 9:30 and 11:30 AM. So get those enrollment forms completed and help us on our way!

## CHILDREN'S CHRISTMAS PERFORMANCE PARENT'S MEETING—SUNDAY, SEPTEMBER 16

Do you have a singer or dancer in the family? Do your kids love to perform? And wear awesome choir robes?!?

Planning Christmas in September is a tradition here at USSB and this year is no different, except this year we will get all our parents together on Sunday, September 16 at 10:10 AM in Jefferson Hall to meet with Ken and Sara and learn about our plans, our practice schedule, and (best of all) how to be a part of it all.

## MIDDLE SCHOOL WORLD RELIGIONS PARENT MEETING

This church year our middle school youth, grades six to eight, will be focusing on our Unitarian Universalist source, “the ethical and spiritual wisdom of the world’s religions.” As part of their study, the youth will be visiting a temples, churches, and mosques around the Santa Barbara area.

This year of study is a favorite of both youth and their parents. We spend class time learning about each faith and how to be a guest at their spiritual home, then visit the site and spend some additional time processing the visit.

A parent orientation meeting about our world religion field trips will be held on Sunday, September 16 at 10:25 AM in Blake Lounge. We will calendar all the visits for the year,

and sign up adult chaperones and drivers. Please plan to be there!

## LEMONAID, SEPTEMBER 23

This will be our first children and youth social justice Sunday of the 2018-2019 church year. The children will be making and selling lemonade on Santa Barbara Street during coffee hour, from 10:20 to 11:10 AM to benefit a charity they will chose.

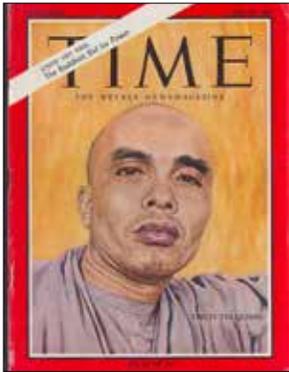
We will need adult LemonAid supervisors, crowd control, and set up helpers. Can you help? Email Sara for more information.

SARA SAUTTER  
SARA@USSB.ORG



# Vegan Film Night Coming Soon

Alex Jack, executive director of the nonprofit Planetary Health, recalls an interview he conducted many years ago, in the 1960s, with Vietnamese Zen master Thich Tri Quang. The spiritual leader of his nation, he had taken sanctuary in a temple in Cholon, sister city to Saigon. Jack, as a journalist accredited by the Pentagon, was able to interview him, and their conversation ranged wide and deep.



Thich Tri Quang

Tri Quang lamented the bombs, chemicals, and defoliants that had devastated the rice fields of his native land and deplored the white rice—denuded of germ and bran—that would be sent to feed his people. “This will mark the end of my country,” he said. “Food is the foundation of life.”

“Every level of society, from the family to art, culture, and religion depends on the quality of

the food we eat,” Tri Quang declared. “That is what worries me most about the war in Southeast Asia.”

Fast forward to 2018, when the problems with our food supply have grown shockingly worse in an era of fake foods—processed junk laced with chemicals and pesticides, and preserved with unknown substances that will make them last for months and even years on the shelf. But in an era of climate change, global warming, shrinking land and water resources, world hunger, and factory-driven animal agriculture, most problematic of all are our unexamined meat- and dairy-eating habits.

In Tri Quang’s language, the “foundation of our life” has become deeply compromised, and we are largely in denial about that. In May of this year, though, a study published in the prestigious journal *Science* laid out the impact of our meat and dairy foodways on the planet. Oxford University Professor Joseph Poore, who led the study, concluded that the very best way to tackle climate change, increase bio-

diversity, and safeguard the environment was to adopt a plant-based diet. “A vegan diet is probably the single biggest way to reduce your impact on planet Earth, not just greenhouse gases, but global acidification, eutrophication, land use and water use,” he observed in the *Guardian*. “It is far bigger than cutting down on your flights or buying an electric car.”

Add to this the health costs of animal-based living. The so-called “diseases of civilization”—cancer, heart disease, and diabetes II, to name the most well-known—are all exacerbated by animal food. Dean Ornish, M.D., founder and president of the Preventive Medicine Research Institute and clinical professor of medicine at the University of California, San Francisco, remarked in 2017: “More than 86% of the \$3.2 trillion in annual U.S. health care costs (mostly sick-care costs) are from chronic diseases which can often be prevented and even reversed by eating a plant-based diet, at a fraction of the costs.”

The message of these voices is hard to avoid. Driving Priuses is not enough to save the planet and eating organic meat and dairy is not enough to save ourselves. To explore

***“A vegan diet is probably the single biggest way to reduce your impact on planet Earth . . . it is far bigger than cutting down on your flights or buying an electric car.”***

***—Prof. Joseph Poore***

and think through these issues—to figure out how we can move gradually in a more plant-based direction in private life and public settings—we will be launching a monthly vegan film night series in the fall (stay tuned for more details in the coming weeks). You won’t need to be vegan to come. You can be totally plant-based, or you can be a Meatless Monday person, or you can be someone who is simply curious and wanting to learn more. In any and all cases, we hope to see you there.

CATHY ALBANESE  
ALBANESE@RELIGION.UCSB.EDU



# Upcoming Events at USSB

## ***Vegan Potluck***

**SUNDAY, SEPTEMBER 2 AT 5:00 PM IN BLAKE LOUNGE**

Please bring a plant-based, vegan dish that serves 10-12 people, and bring utensils, dishes, cups, and napkins.

Email **Cathy Albanese** to RSVP, and for more information visit [www.ussb.org/community-life/monthly-vegan-potluck](http://www.ussb.org/community-life/monthly-vegan-potluck).

## ***USSB Women's Group***

**MONDAYS SEPTEMBER 10 AND 24, 1:30 PM IN LA PAZ LOUNGE**

USSB Women's Group, which meets the second and fourth Mondays of each month, focuses on general interest subjects and activities of interest to women. We have a variable format, including topical discussions, speakers, group book readings, and open topic meetings. Healthy snacks will be provided. Newcomers welcomed! Contact **Karen Bradstreet** for more information.

## ***Quantum Field Theory & Consciousness Affinity Group***

**MONDAY, SEPTEMBER 17 AT 7:15 PM IN BLAKE LOUNGE**

Beginners QFT&C meets the third Monday of the month, and gathers at 7:00 PM for starting at 7:15 in Blake Lounge. Videos and discussion focus on how the laws of physics imply we are all one.

## **China's View of Trump and the Trade War**

**Eric Ryan** will lecture on **Saturday, September 15 at 4:00 PM in Parish Hall**. Mr. Ryan, a local businessman, has a number of business interests in China, is fluent in Mandarin, and is an excellent speaker on both China's history and its current events. His talk will be followed by a Q&A session and reception, presented by our new China Study Group. A \$5.00 donation is requested to support our programs. For additional information see the Great Decisions page on Realm, or email John Warnock, [johnwarnock@gmail.com](mailto:johnwarnock@gmail.com), or Ben Senauer, [bsenauer@umn.edu](mailto:bsenauer@umn.edu).

## **Congregational Meet 'n' Greet Potluck**

**Sunday, Sept 23 at 12:30 PM in Parish Hall**. New year, new staff, new visitors—celebrate the renewal of our congregational year with a lunchtime potluck after church. We'll supply meat and veggie hotdogs and drinks. Please bring side dishes or desserts. The program will be interviews with new Director of Congregational Life **Maureen Foley Clafey**, and Ministerial Intern **Nic Filzen**.

## ***Book Discussion Group***

**TUESDAY, SEPTEMBER 18 AT 7:00 PM IN LA PAZ LOUNGE.**

Contact **Al Melkonian** for more information.

## ***Science Night***

**TUESDAY, SEPTEMBER 18 AT 7:30 PM IN BLAKE LOUNGE**

Please join us to view programs from scientific sources. At our next meeting we will view the program *Insects* from the Discovery Channel's *Nature* series. Narrated by Oprah Winfrey, it is an aesthetic as well as scientific delight. After viewing, we will discuss what we have seen. You don't need to be a scientist to enjoy our program. We welcome you the third Tuesday of each month.

## ***Potluck Game Night***

**FRIDAY, SEPTEMBER 28 AT 6:00 PM IN PARISH HALL**

What could be more UU than board games and a potluck dinner? Bring a dish to share and your own tableware. All are welcome!

## ***Alliance***

**FRIDAY, OCTOBER 5 AT 2:00 PM IN PARISH HALL**

Our very own minister **Rev. Julia Hamilton** will review her time as senior minister, and will discuss her goals and expectations for the next five years. What a good way to start our 2018-19 Alliance year. Remember to bring dues (\$25.00) for the new year, and also snacks for all to enjoy.



Rev. Jami Yandle  
7049 Tracy Creek Drive, Apt. 2A  
Perrysburg, OH 43551

7/15/18

Rev. Julia Hamilton,

Two years ago we shared an email that indicated approval of your church in paperwork required for the proposed bylaw (Article II Section C-2.1) updated "women + men" in our second source to "People." Because of your leadership, we received enough church sponsorship/congregational support, to get my proposal on the business agenda for GA 2017, which passed preliminary and then final vote in 2018. The wording also allowed room for children + youth to be included in the second source, as well. Over 15 sponsoring congregations helped in this process, so please do send warmth and love to your congregation for me in this historic update!

Jami Yandle

## The Unitarian Society of Santa Barbara

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Heather Levin, Accompanist  
Mahlon Balderston, Organist Emeritus  
Rev. Kenneth Collier, Minister Emeritus

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Sunday Worship Services are at 9:15 and 11:15 AM  
Sunday Nursery & Children's Care: 9:00 AM to 12:30 PM in Starr King  
The office is open Sunday mornings and Monday to Thursday from 10:00 AM to 5:00 PM

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Deadline for the October issue: *Monday, September 17*  
Email: [Kaleidoscope@ussb.org](mailto:Kaleidoscope@ussb.org)

# ANNUAL AUCTION &



# MONSTER MASH PARTY

SAVE THE DATE—OCTOBER 13

USSB's Annual Auction is a Monster Mash Party!

Saturday, October 13, 4:00 to 8:00 PM

*Please turn to page 3 for more details.*