



Living with Integrity, Nurturing Wonder, Inspiring Action

# Kaleidoscope

June 2018

The Monthly Newsletter of the Unitarian Society of Santa Barbara

www.ussb.org

## SUNDAYS IN JUNE

This month's worship theme is "JOY"

Sunday service times are 9:15 and 11:15 AM

Summer services begin June 24  
One 10:00 AM service every Sunday  
from June 24 to September 3

### Sunday, June 3

Rev. Julia Hamilton

#### "Surprised By Joy"

"The courage for joy springs not from the certainty of human experience, but the surprise." Come and celebrate our annual Flower Communion with us—bring a flower to share for this beautiful service.

Followed by the Annual Meeting of the congregation, at 12:15 PM in Parish Hall.

*Chancel Choir will sing.*

### Sunday, June 17

Rev. Julia Hamilton

#### "Woven Together"

Music is an integral part of our life together here at USSB. This Sunday, we look back at the 10 years of service of our Choir Director, Ken Ryals, and look ahead at where our music is leading us for the next 10 years! Join us for a joyful Sunday of song and a special celebration at Middle Hour (between services).

*Both choirs will sing.*

### Sunday, June 10

Rev. Caitlin Cotter Coillberg

#### "Credos and Bridges: Celebrating our Youth"

In this service our Coming of Age youth will present their credos and we will celebrate our bridging young adult as she leaves our youth group to become a full adult in our community. This is always an inspiring and touching service you won't want to miss!

### Sunday, June 24

One service only at 10:00 AM

Rev. Julia Hamilton and members of  
the 2018 Hopi Service Trip

#### "The View from the Top of Second Mesa"

*"We shall not cease from exploration, and the end of all our exploring will be to arrive where we started and know the place for the first time." —T.S. Eliot*

The relationship between our congregation and our friends on the Hopi reservation deepens with each new group of people who visit. Come and see what your support has made possible, and why we return to this special place year after year.

# Saying Goodbye

Members and friends of USSB, it is time for me to say goodbye. My position here is ending and I am preparing to spread my wings and head off into the world. Over the last few months I have been in Search for a new position, and will be starting this summer as the Minister for the Unitarian Universalist Congregation of Charleston, West Virginia. I am sad to be exiting my time in Santa Barbara and excited for this new adventure in my beloved Appalachian mountains. (Country roads, take me home—I'll be only five miles from my parents in one direction and my father-in-law in the other!)



Rev. Caitlin

It is always tough making this transition into no longer being your minister, and I greatly appreciate all of your goodwill and good wishes. As you know, part of my covenant with other ministers is that I will no longer be in contact with you all over social media or otherwise for a time after I leave, and I appreciate your understanding of those boundaries. There are still a few weeks before my final Sunday with you all on July 1, so we have plenty of time for farewells! If you come by during the week, feel free to stop by my office and chat, or ask me to meet you for a cup of coffee or a cupcake. And I hope to see many of you at the 10:00 AM July 1 service, when I'll preach about the many things I am grateful for from my time here.

IN FAITH AND WITH GRATITUDE, REV. CAITLIN

## Daytime and Nighttime Parking Spaces Needed for the Safe Parking Program

Even though our parking here at USSB is limited, perhaps you know of (or work at) a place that might be able to spare a spot?

Safe Parking is seeking assistance in reaching the most vulnerable in our community. The program works with individuals and families experiencing homelessness and who find themselves living in their vehicles. The program partners with churches, businesses, local government, and others to provide their clients with a parking permit that allows them to safely and legally seek shelter in their vehicle on private property. They provide case management and connection to resources for clients, all with the end goal of connecting clients back to permanent, stable housing. All clients must have valid license, registration, and insurance.

The program is seeking additional nighttime spaces in order to alleviate the ever-present wait list. They have recently seen an increased demand for additional spaces to specifically assist individuals in Goleta experiencing vehicular homelessness. Additionally, they are seeking more daytime parking spaces to accommodate our clients in oversized vehicles who are prohibited from parking on City streets. A daytime lot for oversized vehicles would ideally

be located in downtown Santa Barbara and be able to accommodate a vehicle that is 21' to 33' in length.

How exactly can you help? Partner with New Beginnings and allow their clients to park on your property, either overnight or during the day for our clients with oversized vehicles. All of their contracted lots are added to their liability insurance and they have a lot monitor who does nightly and daily rounds ensuring everything is running smoothly.

Program Coordinator Cassie Roach is also available by phone 24/7 should there ever be a concern. Lot owners are able to dictate the times during which their clients are allowed to utilize the lot, and their monitors ensure those times are strictly adhered to. Cassie would love the opportunity to speak more about the program with anyone who may be interested in learning more and partnering with Safe Parking to reach the most vulnerable in the community.

CASSIE ROACH, PROGRAM COORDINATOR  
SAFE PARKING PROGRAM  
PHONE: (805) 963-7777  
WWW.SBNBCC.ORG



# Doggone...

**D**oggone it! Where do the months go? Winter, spring nearly gone in a sigh and June first right around the corner.

**WAIT!** The Alliance meets on this day and they're having a program about dogs! Hearing dogs. Dogs that are specially trained to alert people who are deaf or severely hard of hearing to common household sounds—like door knocks, telephones, and smoke alarms. This hearing dog's got blond hair (well, yellow actually), a great smile, warm brown eyes, loves people, and is very, very smart. She's a retired dog for the blind and at only three years old, now a "hearing" dog.



Meet TIA



TIA off duty

She comes to us from the Sam Simon Foundation Assistance Dogs Program with **Barb Velasquez**, the foundation's program director. Founder Sam Simon is most famous for co-developing *The Simpsons* in 1989. He left part of his considerable fortune to creating and supporting charitable organizations.

Many assistance dogs come from local shelters. Over a six-to-eight month period, they are in training to be socialized in public places, learn basic obedience commands, and taught to respond to specific household sounds. When they're ready, they are carefully matched with a person who has a severe hearing loss. Barb and Tia will show us how the dogs are trained and how they help the hard-of-hearing.

Hearing loss can be a significant disability, making for a lonely world. Dogs like Tia serve to break that sound wall.

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It's estimated that more than 20% of our population has some degree of hearing loss. Undiagnosed hearing loss can lead to social isolation, memory decline, depression, even dementia. It's a disability too often unrecognized, so if you find yourself asking "What?" a lot, or can hear loud enough but not what people are saying, or can't understand the words in a song . . . get tested.

Thanks to the generosity of the Alliance who funded the installation of the Looping System in 2014, many have benefited better hearing through special headsets or in t-coil-equipped hearing aids.

The Alliance—Friday, June 1  
at 2:00 PM in Parish Hall

# Youth News

## **MAY SOCIAL JUSTICE CAREER TALK DAY CHANGE: JUNE 3, 12:15 PM, BLAKE LOUNGE**

**Gold Okafor** is a neuroscience lab research assistant at UCSB. Next fall she will be a PhD candidate in UC Berkeley's department of psychology. Her research focuses on analyzing the behavioral, neural, and psychophysiological mechanisms of racial prejudice, stereotype threat, and stress within the school-to-prison pipeline.

## **JUNE SOCIAL JUSTICE CAREER TALK: JUNE 24, 12:15 PM, BLAKE LOUNGE**

USSB YRUU alum **Arianna Brill** is an activist, attorney, and certified health insurance agent. She helps people navigate the Affordable Care Act system, for free. Arianna completed her bachelors in cognitive science at Vassar College and her JD/MBA at the University of California, Davis. After Davis, she worked for Nickelodeon animation studios on *The Legend of Korra*. When the show ended, she wanted to focus on helping people in a more direct way and decided to use her legal and business knowledge to help people gain access to affordable healthcare.



*Arianna Brill*

## **JUNE ACTIVITY: MOVIE NIGHT**

We will watch the new Netflix movie *Come Sunday*. Created by *This American Life*, this movie tells the true story

of how fundamentalist preacher Carlton Pearson (Chiwetel Ejiofor) realized he was a Universalist. Official website: <https://www.netflix.com/title/80152625>. Popcorn, hot cocoa, and pizza will be served. Time and day TBD.

## **YRUU SERVICE TRIP**

This August 10-15, YRUU will be participating in the Faithful Fools street retreat in the Tenderloin in San Francisco. The Faithful Fools host this retreat, where participants explore the neighborhood and get to know the community. In the days following the retreat the youth will engage in direct service to the Tenderloin community. We are working with the Faithful Fools to find the best fit for the needs of their partner organizations. After three days of service, we will travel to the Mount Madonna Center (August 16-18) and meet Mount Madonna fellow and USSB YRUU alum **Anne Major**.

*About YRUU:* During the school year, we meet most Sundays at 12:15 PM in Blake Lounge to engage in social justice work and explore identities and spirituality in a welcoming space. Last month, we focused on stress recovery. We made stress balls, released butterflies, and visited Cat Therapy. During the summer, we have the annual service trip and a monthly activity. Join us in June for a movie night!

CHRISTINA BOARDMAN, YOUTH COORDINATOR  
XTTINA.GARNET@GMAIL.COM

## Thanks from the Citizens Climate Lobby, Santa Barbara Chapter

**D**ear Rev. Julia Hamilton and Board of Trustees of the Unitarian Society of Santa Barbara,

Citizens Climate Lobby, Santa Barbara Chapter, would like to express our appreciation to the Unitarian Society of Santa Barbara for generously allowing us to hold monthly Saturday morning meetins in Blake Lounge.

We think that our goal, political will for a livable world, our method of helping citizens find their voices and participate in our democratic governmental system, and our values of focus, optimism, nonpartisanship, personal power, integrity, and building relationship by approaching others with appreciation and respect, all are consonant with Unitarian Universalist values.

These meetins are open to the public, and Blake Lounge is a perfect public place to hold them. We usually have between 12 and 18 people present, including several members of USSB. Others find us by reading the calendar in the

Independent. The meetins, which link us with many other chapters in the U.S. and which features a guest speaker, allow us to let others know about our efforts to address climate change, give us all an opportunity to continue to learn about and discuss climate change and how to address it, and enable us to network and to build our mailing list.

We also very much appreciated the opportunity to hold an open informational meeting on carbon pricing in Parish Hall on May 20 with Dr. Kyle Meng.

We believe that your support of CCL Santa Barbara is making a difference in our community and in the world.

Thank you.

JOHN KELLY, CHAIR, CCL SANTA BARBARA CHAPTER,  
STEERING COMMITTEE: DENNIS ALLEN, DAVE HENNERMAN,  
JEAN KAPLAN, ELLEN KELLEY, CAROL SCHWYZER,  
DENNIS THOMPSON, LORRAINE WOODMAN

# First WEF Grant a Huge Success!

The project that won the Women’s Empowerment Fund award for 2017 was “*Mujeres Apoyando Mujeres* (Women Supporting Women)” proposed by **Charla Bregante**. This project addressed the needs of low-income Latina women in the Santa Barbara community who face a number of stressors in their lives. Many of these women living in low-income housing work more than one job in addition to raising children. They face the barriers of racism, language, education, and class on a daily basis. They deal with immigration challenges for themselves or for members of their families. They suffer disproportionately from high cholesterol, high blood pressure, diabetes, obesity, and heart problems.



One of the first goals the women had was to develop an exercise program, and they have done just that. Spreading

the word to two different housing projects, they have been attending a weekly Zumba class, not only improving their overall health but also developing community connections. The plan is that they will also have monthly meetings on topics that address their identified needs and this part of the project will be continuing in the future.

The most strikingly impressive evidence of the positive impact of this project is shown in the surveys completed by the four primary group leaders rating their own personal and social development. This is what is known as “empowerment” in the true meaning of the word.

Congratulations to all who made this a reality—the MAM group, Charla Bregante and the Housing Authority, the WEF Selection Committee for 2017, Nancy Van Antwerp, and Eden Kennedy.

RACHEL AARONS, CHAIR  
WOMEN’S EMPOWERMENT FUND

## *Mujeres Apoyando Mujeres* Leadership Group Survey

1=uncomfortable 2=somewhat comfortable 3=comfortable 4 = very comfortable

<i>Before participating in the MAM leadership group, how comfortable were you with public speaking?</i>	2,2,1,2	How comfortable are you with trusting people in your community now?	3,4,4,2
How comfortable with public speaking are you now?	3,3,3,3	<i>Before participating in the MAM leadership group, how comfortable were you with group problem-solving?</i>	2,3,4,3
<i>Before participating in the MAM leadership group, how comfortable were you with planning events?</i>	2,2,4,4	How comfortable are you with group problem-solving now?	4,4,4,4
How comfortable are you with planning events now?	2,3,3,4	<i>Before participating in the MAM leadership group, how comfortable were you with your self-esteem and body image?</i>	2,1,4,1
<i>Before participating in the MAM leadership group, how comfortable were you advocating for the needs of yourself and others in your community?</i>	1,2,4,4	How comfortable are you with your self-esteem and body image now?	3,3,4,3
How comfortable with advocacy are you now?	3,4,3,4	<i>Before participating in the MAM leadership group, how comfortable were you with your daily energy level?</i>	2,2,4,3
<i>Before participating in the MAM leadership group, how comfortable were you with planning and coordinating a community program like Zumba?</i>	2,2,4,3	How comfortable are you with your energy level now?	4,3,4,3
How comfortable are you with program coordinating now?	3,4,4,3	<i>Before participating in the MAM leadership group, how comfortable were your level of motivation to exercise?</i>	1,2,2,3
<i>Before participating in the MAM leadership group, how comfortable were with working as part of a team?</i>	1,3,4,2	How comfortable are you with your motivation to exercise now?	3,3,4,4
How comfortable are you working as a team now?	3,4,4,3	<i>Before participating in the MAM leadership group, how comfortable were you with your diet and food choices?</i>	1,3,2,4
<i>Before participating in the MAM leadership group, how comfortable were you with trusting people in your community personal with feelings and information?</i>	1,2,4,4	How comfortable are you with diet and food choices now?	3,3,2,3

# Library Corner

Most of us at USSB have aspirations for world peace. We have participated in peace rallies and marched against war. Yet some of us have actually been in wars. Today we will go to some of the dark and darker places that our men and women in uniform are encountering.

Here are our reviews:

## The Movie: The Lucky Ones

Three soldiers coming back from Iraq find themselves stranded in a New York airport, which is just recovering from a prolonged blackout. Cheaver (Tim Robbins—gosh he's good looking!) plays a fifty-something career Army sergeant who is heading home to St. Louis after a back injury. Rather than wait several days for a flight, he decides to rent a car. Pvt. Colee Dunn (Rachel McAdams) and Sgt. T. K. Poole (Michael Peña), whom Cheaver had met in the airport, ask to go along. Both are on their way to Las Vegas, each for reasons of their own.

So begins a road trip as these three lucky ones get to know each other.

The journey involves a strange mix of dubious mechanics, fervent church people, roadside hookers, red-neck saloons, tornados, lonely motels, casinos, and insulting civilians.

At a party in Indiana one of the soldiers is asked, "Why do you go to war?" His reply is, "We mostly just try to stay alive, and keep each other alive." These good and brave soldiers see the war in personal, not ideological, terms.

As the road trip progresses, some private and painful secrets unravel in a most hilarious manner, making this movie with its three likable heroes very touching.

## The Book: The Yellow Birds: A Novel By Kevin Powers

This book is so beautifully written and so heartfelt that it reaffirms the power of fiction to tell the truth about the unspeakable.

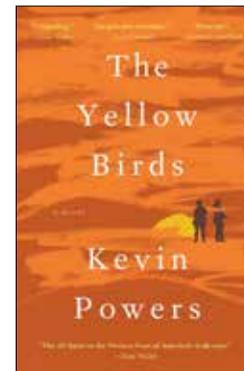
Pvt. John Bartle, the novel's protagonist and narrator, has made a promise to the mother of his buddy, Murph,

that he will protect him throughout the war in Tal Afar, Iraq.

What happens to soldiers at war? The most recent war, in Iraq, is much like the most ancient ones: torn bodies, cracked psyches, the emotional cycle of pride, pain, confusion, and sorrow. Powers shows us the lack of control that soldiers have. The war goes on, no matter what you think or do—it's an entity unto itself. You are powerless, and the powerlessness becomes the enemy.

The book also points out how disconnected we, the American public, are from the soldiers fighting overseas. When Bartle returns from the war, he encounters a patron at an airport bar who wants to buy him a drink to express his gratitude for his service. Bartle finds this gesture disingenuous, to be thanked for participating in something he sees as immoral.

Kevin Powers enlisted at the age of seventeen and served in Iraq from 2004-2005 as a machine gunner in Mosul and Tal Afar. This is his first novel.



REVIEWS BY ELLIE TUAZON

## Many Thanks!

June is a time for gratitude here at The Society, a time when we recognize the many volunteers that made our children's religious education program possible in 2017-2018.

Without the following people there would have been no CRE classes, no holiday craft tables, no music at Family Chapel, no library books in preschool, and no mentors guiding our Coming of Age Youth. When you see the following people on Sunday, please take a moment to thank them:

- |                   |                      |                   |
|-------------------|----------------------|-------------------|
| Kelly Bedard      | Astrid Nelson        | USSB Women's      |
| Michelle Bednash  | Mindy Nelson         | Chorale           |
| Ed Bookin         | Nate Rich            | Lora Young        |
| Eric Brinckmann   | Stephanie Riordan    | Yolanda Yturralde |
| Susan DuPont      | Tres Riordan         | Onolee Zwicke     |
| Laraine Gray      | Ken Ryals            |                   |
| Charles Hamilton  | Carol Schwyzer       |                   |
| John Hartman      | Emily Shaeer         |                   |
| Jennifer Hock     | Adam Shive           |                   |
| Joanie Jones      | Chris Shorb          |                   |
| Bonnie Lassen     | Julian Snow          |                   |
| Heather Levin     | Melinda Staveley     |                   |
| Emily Maynard     | Deborah Stimson-Snow |                   |
| Treasa McGettigan | Kyle Stewart         |                   |
| Laura McGlothlin  | USSB Chancel Choir   |                   |



# USSB is Hiring!

We have created a new half-time staff position here at USSB: The Director of Congregational Life. They will support membership, small groups (like Connection Circles, Book Group, and Science Night), and outreach and communications (social media and other forms of engagement with the wider community). This staff position will fill some of the program areas that were in the portfolio of the Assistant Minister, to help keep this congregation connected and vibrant.

Do you know someone who you might encourage to apply? We are looking for someone who brings people together, who will inspire newcomers as well as members to participate in the life of the congregation. This is a position for

an excellent communicator, an effective program organizer, and a collaborative leader. The applicant does not have to be a Unitarian Universalist, but they do need to support and promote the principles of Unitarian Universalism and believe that the Unitarian Society has a positive impact on people's lives and on the wider community of Santa Barbara and the world.

You can read the full job description on our website ([www.ussb.org](http://www.ussb.org)) or contact Erin Wilson for more details about the application process.

Please spread the word—Santa Barbara is a small town and word-of-mouth is the best way for us to advertise this position. We hope to hire someone to start by August 1.



## June Outreach Offering: Our Local LGBTQ Partners

The Outreach Offering for June goes to our local LGBTQ partners, including Pacific Pride Foundation (PPF), Parents and Friends of Lesbians and Gays (PFLAG) and Santa Barbara Transgender Advocacy Network (SBTAN). These organizations provide services and advocacy for the gay and transgender community and have facilitated the “Love. Period” interfaith services at the Sunken Gardens for the past three years.

### **PACIFIC PRIDE FOUNDATION (PPF)**

The Unitarian Society of Santa Barbara has had a long-standing relationship with the Pacific Pride Foundation. We turn to PPF for resources and education as we seek to grow in our understanding of the current needs of the LGBTQ community. Our own spiritual journey is enriched by our work with Pacific Pride, and we have stood with PPF in the public square to advocate for justice and celebrate our progress!



### **PARENTS AND FRIENDS OF LESBIANS AND GAYS (PFLAG)**

PFLAG describes itself as “the extended family of the LGBTQ community.” Its membership consists of LGBTQ individuals and their family members, friends and allies. They provide peer-to-peer support, publications, tool kits, and other resources to support LGBTQ family members. This allows families to then further support, affirm, and advocate on behalf of their LGBTQ loved ones.

### **SANTA BARBARA TRANSGENDER ADVOCACY NETWORK (SBTAN)**

SBTAN educates individuals and organizations on best practices for transgender and gender expansive clients, patients, students, congregants and families. It creates spaces, actions, and policies that advance the welfare of transgender people and their allies in Central Coast communities. SBTAN has provided training to workplaces, schools, medical providers and social service agencies, including Cottage Health Emergency, UCSB Faculty and staff, and Santa Barbara public and private high schools.

## The Unitarian Society of Santa Barbara

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Heather Levin, Accompanist  
Mahlon Balderston, Organist Emeritus  
Rev. Kenneth Collier, Minister Emeritus

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Sunday Worship Services at 9:15 and 11:15 AM  
Nursery & Children's Care: Sunday 9:00 AM to 12:30 PM in Starr King  
Office is open Sunday mornings and Monday to Thursday from 10:00 AM to 5:00 PM

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Deadline for the July issue: *Monday, June 18*  
Email: [Kaleidoscope@ussb.org](mailto:Kaleidoscope@ussb.org)

## Ongoing Events at USSB

### *Alliance*

**FRIDAY, JUNE 1 AT 2:00 PM IN PARISH HALL**

For our last meeting before the summer break Alliance welcomes the **Assistance Dogs Program**. See page 3 for details.

### *USSB Women's Group*

**JUNE 11 AND JUNE 25 AT 1:30 PM IN LA PAZ LOUNGE**

USSB Women's Group, which meets the second and fourth Mondays of each month, focuses on general interest subjects and activities of interest to women. We have a variable format, including topical discussions, speakers, group book readings, and open topic meetings. Healthy snacks will be provided. Newcomers welcomed! Contact **Karen Bradstreet** for more information.

### *Vegan Potluck*

**SATURDAY, JUNE 16 AT 4:15 PM IN BLAKE LOUNGE**

Please bring a plant-based, vegan dish that serves 10-12 people, and bring utensils, dishes, cups, and napkins. Email **Cathy Albanese** to RSVP, and for more information visit [www.ussb.org/community-life/monthly-vegan-potluck](http://www.ussb.org/community-life/monthly-vegan-potluck).

### *Quantum Field Theory & Consciousness Affinity Group*

**MONDAY, JUNE 18 AT 7:15 PM IN BLAKE LOUNGE**

Gatherings open with an understandable video describing quantum mechanics and consciousness by leading physicists and metaphysicists, followed by intellectual discussion.

### *Book Discussion Group*

**TUESDAY, JUNE 19 AT 7:00 PM IN LA PAZ LOUNGE.**

Contact **Al Melkonian** for more information.

### *Science Night*

**TUESDAY, JUNE 19 AT 7:30 PM IN BLAKE LOUNGE**

Science Night will continue with the next in the beautiful Discovery Life series, *Reptiles and Amphibians*, to be followed up later with *Mammals*. Do join us for the visual and audio presentations, followed by an open discussion. It is scientific but not above the level we can all comprehend. We look forward to seeing our regulars, and newcomers are always welcome.

### *Potluck Game Night*

**FRIDAY, JUNE 22, 6:00 TO 9:00 PM IN PARISH HALL**

What could be more UU than board games and a potluck dinner? Bring a dish to share and your own tableware. All are welcome!